



June 2022 Newsletter

In this newsletter, you will find some helpful tips on relating how to manage behaviors throughout the day with using conscious discipline. You will also find summer safety tips and playing with water, as well as, some fun Father's Day activities.

June is [Tourette's Syndrome Awareness](#)

[Five Things](#) you may not know about Tourette's Syndrome

[Partners in Kids Health](#): Tics and Tourette's

[Conscious Discipline: What is it and why does it work](#)

Did you know that research shows that conscious discipline has been shown to reduce aggression, hyperactivity and conduct problems among children? Conscious discipline teaches that adults can help shift children into their Executive Brain state by modeling calm, thoughtful, non-aggressive responses to problems and conflicts. When used appropriately, it inverts the focus of the child discipline by teaching the child what to do instead of what not to do.

[Parenting Toolbox](#)

[Power of Attention](#)

[Discipline and Limit Setting](#)

While we wish our little ones to be happy all the time, in reality, that is not always the case. Just like adults, they too have feelings and emotions. Little ones have a hard time controlling those feelings so we as parents need to show them how to handle those feelings appropriately.

[Helping toddlers manage emotions](#)

[Why saying "Good Job" isn't so good!](#)

[10 Ways to Discipline Your Children](#)

Fun crafts and activities for Father's Day

Even though Father's day is one day out of the year, we can still enjoy doing many crafts and activities with dad all year long. Spending time with father's create a special bond between father's and their children. Here are a few fun craft ideas and activities.

[Other fun activities with dad](#)

Click for video 



Wishing you a... **Happy Father's Day!**

To all our amazing dad's out there, we want to wish you a Happy Father's Day.

10 Ways to be a great dad!

Click on picture. 



Summer Fun!

It is so nice outside and if possible, go out and play in the morning or later in the afternoon. Watch out for over heating and the sun. If out for extended time please have shade and plenty of sunscreen for your little ones as their skin is much more sensitive than your skin.

[Baby outdoor summer activities](#)

[Toddler outdoor summer activities.](#)

[Outside Water and pool Safety](#)

Yes, it's summer and the water looks so inviting and fun. Please remember that it only takes a few inches of water to drown. Watch out for not only swimming pools but puddles, buckets and other areas in and out of the home with standing water.

Safety tips and learning to swim with baby. Click on picture.



Family Support:

Here are a few items that family support has if you need them. Just let your EI know and they will help get the items to you.

PediaSure Grow & Gain, vanilla 8 oz. bottles

PediaSure Grow & Gain/Fiber 8 oz. cans

Nourish Organic Whole Foods Meal Replacement Peptide formula 12 oz. bags

Monoject 35 ml. syringe/catheter tip

Big kid diapers and adult sizes diapers



Events:

June 16th: Sunflower Spectacular [Lucky Ladd Farms](#) 10-4 pm

June 18th: [RC Moon Pie Festival](#) Bell Buckle TN 12-4pm

Resources:

<https://babynavigator.com/16-gestures-by-16-months/>

<https://teachmetotalk.com/category/podcast/>

<http://fgrbi.com/resources-for-families/>

<https://cdctn.org/early-intervention>

Looking for a few good webinars and information on a variety of topics about disabilities, check out this website:

[Gympanzees](#)